

**Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs**

**Local Wellness Policy:
Triennial Assessment Summary**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

A copy of the assessment must be made available to the public. The assessment is made available is the decision of the LEA. Many LEAs choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:

All schools in the Waverly School District

Month and year of current assessment: October 2024

Date of last Local Wellness Policy revision: June 14, 2021

Website address for the wellness policy and/or information on how the public can access a copy:

Waverlycommunityschools.net/board-of-education/board-policy/

Section 2: Wellness Committee Information

How often does your school wellness committee meet? 3 times year

School Wellness Leader:

Name	Job Title	Email Address
Hilda Pierre-Ornevil	Nurse	hornevil@waverlyk12.net

School Wellness Committee Members:

Name	Job Title	Email Address
Amanda Rousseau	Health Resource Advocate	arousseau@waverlyk12.net
Melissa Dinkins	Nurse	mdinkins@waverlyk12.net
Patty Little	Assistant Food Service	plittle@waverlyk12.net
Linda Vainner	Food Service Director	lvainner@waverlyk12.net
Marla Brown	Para Pro	mbrown@waverlyk12.net
Chelsea Ott	Para Pro	cott@waverlyk12.net
Dorrin Thelen	Assistant Principal -East	dthelen@waverlyk12.net
Kathleen Luther	Teacher	kluther@waverlyk12.net

Andrea Almaguer-Ortega	Teacher	aalmaguer@waverlyk12.net
Maria McCarthy		
Valerie Cochrane	Teacher	vcocharne@waverlyk12.net

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

Michigan State Board of Education Model Local School Wellness Policy

- Alliance for a Healthier Generation: Model Policy
- WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

Follow guidelines and recommendations set forth by the State Board of Education Michigan Model.
Modeled after NEOLA policies

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school-based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school or the district.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: Waverly Community Schools Date: October 2024

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Example: Food and beverages will not be used as a reward for students.	a) Provide teachers with a list of non-food reward examples. b) Discuss changes to back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed.	Before the beginning of the next school year.	– Verbal check-ins with staff to ensure compliance. – Teacher survey at end of school year.	Principal	Teachers, staff, students	Yes
Increase the number of water filling stations	Work with schools through bond to ensure maximum water stations	Ongoing starting now	Work with contractors	Barton Malow	All staff and students	In process
Food as a reward will not be used unless meets guidelines Keep area clean and stocked	Notice to staff about with healthy food options/ideas	Ongoing starting 2024-25	Check in with principals	principals	Students	In process
Promote toothbrush friendly areas	Posters on positive dental ideas Free toothbrushes	2024-25	Local dentist (Mobil Dentist) Check in with students	Food service	students	In Process
Nutritional menus posted	Post menus on website, at schools, media	2024-25	Work with Descon and wellness committee to develop	Food service	Students	In process
Positive messaging displayed	Social media	2024-25	Work with media specialist	Media techs	All departments in school	In process

Physical Activity Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Brain Breaks	Advertise to teaching staff	2025-26	If it is performed and feedback	teachers	Classrooms, students, staff	In Process
Girls on the run	Join girls on run	2024-25	If started by staff	Gym teacher	Student's	Yes
More gym classes	With construction of more gyms in schools	2025-2028	Completion of construction	construction	Students/staff	In Process

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Farm tour videos	Find videos and share with staff	2024-25	Feedback from students and staff	Linda Vainner	Students and staff	In Process
Clean/safe environment to eat	Work with custodial leads and school counselors	2025-26	Atmosphere and students' participation	Custodial lead/food service/counselor	All students and staff	Yes
Wellness information for staff	Provide newsletter from insurance company on wellness information available	2025-26	Staff engagement	Human resources	staff	In Process

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Analysis of menus to meet USDA guidelines	Purchase software equipment	2025-26	Progress on analysis	Linda Vainner	students	
Follow USDA guidelines on fundraisers	Share with schools the information and fill out tracking form	2024-25	Follow guidelines	Linda Vainner	Students and staff	
Use software that helps identify allergies	Purchase software and install information	2025-26	Completion or information	Linda Vainner	students	

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Follow USDA guidelines	Monitoring foods served	2024-25	daily	Linda Vainner	students	Yes
Encourage parents to bring in healthy snacks for celebrations	Send list of healthy options to parents	2025-2026	Visual of what is being brought in	teachers	Teachers, students, parents, food service	

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?

Knowledge based posters	Purchase posters and hang	2024-25	visual	Linda Vainner	students	
Information shared through technology	Put on technology hubs	2024-25	visual	Linda Vainner	students	